

Sports Society



Society Incharge: Miss Atia Altaf

Society Members:

President: Hamna Zaheer

Vice President: Alina Mazhar

General Secretary: Bisma Batool

Executive Members: Fajar Malik

Sheeza Azam

Ayesha Ashfaq

Introduction:

Sports Society promotes interdisciplinary research and education that studies the meaning of sport. We aim to contribute to a successful society by focusing on the impact of sport for public issues, such as public health and social resilience.

Aim and Objectives:

The aim of the society is to create multifaceted educational program in the area of education, sport education and physical education. Our aim is to the standard of excellence for sports by providing first class program, professional instructions and life skills. These sports opportunities and programs will contribute in a unique way to their development as athletes and citizens for future.

For the purpose of attaining the above aim the following objectives are to be given specific attention:

- ❖ To train and educate people interested in developing, improving and maintenance of health and fitness.
- ❖ To establish and coordinate different activities with international agencies promoting sport.
- ❖ To practically implement the slogan “Sports for All” and “Sports & Education for All.”
- ❖ To provide systematic and scientific knowledge to impart exercise regimes to the aspirants with greater satisfaction and safety.
- ❖ Through a structural planning process, the LSEWS wishes to provide all eligible athletes with career and education services, which will assist them in maintaining high level of sporting performance without forgoing the vital career development.
- ❖ To enhance their capabilities.
- ❖ To improve concept of citizenship.

Sports Society Events Report (2021-2022)

Sr No.	Event	Date	Venue
1	Sports Rising Talent Hunt	26 th October 2021	GC Women University Sialkot
2	All Pakistan Inter Boards Sports Gala	28 th to 3 rd December 2021	Islamabad Sports Complex
3	Prime Minister's National Youth Development Program Kamyab Jawan Sports Gala	6 th to 9 th December 2021	Islamabad Sports Complex
4	Intercollegiate Netball Match	1 st February 2022	Gujranwala Satellite Town
5	Intercollegiate Hockey Match	11 th February 2022	Army Hockey Ground Cantt, Sialkot
6	Intercollegiate Volleyball Match	22 nd February 2022	Punjab College Gujranwala
7	3 days Sports Gala Murray College	22 nd to 24 th February 2022	Murray College Sialkot
8	Annual Sports Gala	9 th March 2022	Nawaz Sharif Post Graduate College
9	5 th Annual Sports Gala GCWUS	14 th to 16 th March 2022	GC Women University Sialkot
10	Intercollegiate Handball Match	15 th March 2022	GC Women University Sialkot
11	Intercollegiate Athletics Match	21 st to 22 nd March 2022	Gujranwala Sports Board
12	Intercollegiate Football Match	24 th March 2022	Margazhar College Gujrat
13	Pakistan Netball National Inter- Provincial Championship	27 th to 31 st March 2022	Islamabad Sports Complex
14	Open Karate Championship 2022	31 st March 2022	Nawaz Sharif Hockey Stadium
15	Pakistan Cricket Board Talent Hunt	9 th May 2022	VIP Ground Sialkot

	Women Trials		
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All Pakistan Inter Sports Board

28th to 3rd December 2021

GCWUS Intermediate Athletics players participated in All Pakistan Sports Boards in which 22 boards participated. Participation of 5 players in different events of athletics.

1. **Mubeen** (100-meter and 200-meter race)
2. **Taiba** (Javelin Throw)
3. **Noor-ul-Sehar** (Short put)
4. **Irum** (Discuss Throw)
5. **Rida** (Long and High Jump)



Prime Minister's National Youth Development Program

Kamyab Jawan Sports Gala

6th to 9th December 2021

GC Women University Sialkot Players participated in Kamyab Jawan Sports Gala 2021 in which 122 universities from all over Pakistan participated. Our players showed participation in Handball, Volleyball, Hockey and Athletics.

Volleyball:

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Alhamdulillah got qualified for semi-final match after winning 3 matches in a row.



Athletics:

- **Muqadas Safder** Best Athlete of GCWUS got qualified for 100m and 200m final races.
- 2 players (**Wania and Zeryab**) qualified for 100m and 200m races.
- Rely race team (**Muqadas, Areeba, Wania and Zeryab**) got 3rd position in 100m Rely Race heats.
- 2 players (**Bisma and Zabia**) participated in short put.
- 2 players (**Muqadas and Nayab**) participated in Javelin throw.
- 1 player (**Areeba**) got 3rd position in 400m Hurdle race heats.



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Hockey:

GCWUS hockey team qualified for quarter final match out of 89 universities.



Handball:

Alhamdulillah GCWUS Handball team won bronze medal and 75000 cash prize on getting 3rd position out of 64 universities. Our handball team won 5 matches in a row with great effort.



Intercollegiate Netball Match

1st February 2022

GCWUS intermediate netball team got 2nd position after playing 3 matches.

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Intercollegiate Hockey Match

11th February 2022

GCWUS Intermediate Hockey team after a very tough competition got 1st position.



Intercollegiate Volleyball Match

22nd February 2022

GCWUS Intermediate volleyball team participated in volleyball competition and gave tough time to all the teams by securing 1st position.

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3 days Annual Sports Gala at Murray College

22nd to 24th February 2022

GCWUS Hockey and Cricket team were invited to participate in Hockey and Cricket match.

Alhamdulillah both our teams got 1st position and 10000 cash prize as well.



Annual Sports Gala at Post Graduate Nawaz Sharif College

9th March 2022

Our players joined Annual sports gala at Nawaz sharif college. Our players participated in Tug of War, Hockey and Volleyball match. Alhamdulillah our team got 1st position in Volleyball and 2nd Position in Hockey.

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5th Annual Sports Gala GCWUS

14th to 16th March 2022

GCWUS Sports Society organized 5th annual sports gala to promote the sports spirit among the students. Sports society scheduled events for Faculty members as well as students.

1st day of Gala

14th March 2022

Events Scheduled:

- Male faculty Cricket match (Teaching vs. Non-teaching Staff)
- Heats of 100m race
- Badminton match between Female Faculty of Natural and Social Sciences



2nd Day of Gala

Intercollegiate Handball Match

15th March 2022

On 2nd day of Gala Intercollegiate Handball match was organized at GCWUS. Our handball team secured 1st position by defeating all teams with excellent performance.



3rd Day of Gala

16th March 2022

Events Scheduled:

- Departmental Tug of War
- Final of 100m race, chatti race, three leg race and Lemon race
- Aerobics
- Karate performance

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Intercollegiate Athletics Match

21st and 22nd March 2022

1st day of Athletics

1 player (**Mubeen**) qualified for 100m final race

2 players (**Mubeen and Sunecha**) qualified for 200m final race

2 players (**Irum and Shaher Bano**) participated in Discuss throw

2 players (**Noor-ul-Sehar and Sehar**) participated in short put. Noor-ul-Sehar showed great effort and won 2nd position in short put

2 players (**Mubeen and Shehar Bano**) participated in 400m race. Mubeen qualified for 400m race.

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2 players (**Rida and Suneeha**) participated in high jump. Rida secured 1st position in High Jump.

2nd Day of Athletics

Suneeha Got 3rd position in 200m race

2 players (**Taiba and Maria**) participated in Javelin throw

Got 2nd position in 100m relay race (**Mubeen, Suneeha, Atiqa and Taiba**)

2 players (**Rida and Shehar Bano**) participated in long jump

Intercollegiate Football Match

24th March 2022

GCWUS Intermediate football team participated in football match. Our team secured 2nd position with great efforts.



Pakistan Netball National Inter-Provincial Championship

27th to 31st March 2022

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Pakistan Netball Federation organized 22nd Netball Women Championship in Islamabad Sports Complex. 2 players of GCWUS **Muqadas and Fajar** got selected for Punjab National Team and Secured 2nd Position along with silver medals and Certificate.



Open Karate Championship 2022

31st March 2022

Karate open tournament was organized at 31st March in which 8 players of GCWUS participated. 6 medals were won by 6 players on their great efforts.

Gold medal won by **Suneeha**

Silver medals won by **Areeba and Atiqa**

Bronze medals won by **Hamna, Rehma and Maria**



Pakistan Cricket Board
Talent Hunt Women Trials

9th May 2022

Pakistan Cricket Board organized Women Cricket Talent Hunt Trials at VIP Ground Sialkot for selection of talented female cricket players. Allhamdullillah 2 players of GCWUS Maha Pervaiz and Zummar Shakeel got selected on their good performance.

