

Curriculum Vitae

Maryum Arifeen

Clinical Psychologist

Date of Birth

24th.October.1994.

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Career Objectives

To seek a challenging and rewarding professional psychologist position within the private sector where personal ability, and a commitment to professionalism would be of value. Position should allow for continued personal and professional growth commensurate with achievements.

Education

TITLE	YEAR	Grades/CGPA/Div	INSTITUTE
M.S (Clinical Psychology)	2018	3.49	Center for Clinical psychology, Punjab University
MSc (Applied Psychology)	2016	3.70	Institute of Applied psychology. Punjab University
Graduation	2014	1 st Div	Queen Mary College, Lahore
Intermediate	2012	B+	Govt. Post-graduate College,Sialkot
Matriculation	2010	A-	City Public School, Sialkot

Work Experience

Designation	Tenure	Institute
Visiting Faculty	10.10.2019 to 29.1.2020	Department of Psychology, Government College for Women University, Sialkot
Visiting Faculty	24.2. 2020 to present	Department of Psychology, Government College for Women University, Sialkot

Placement Experience

- **Trainee Clinical Psychologist**
Jinnah Hospital
March.2017 – August. 2017
- **Trainee Clinical Psychologist**
Living Institute for Slow Learners, University of Punjab
November.2017 – January.2018
- **Trainee Clinical Psychologist**
Child Protection and Welfare Bureau, Lahore
6 months
- **Trainee Clinical Psychologist**
Center for Clinical Psychology, University of Punjab, Lahore.
April.2018 – October.2018

Research Experience

Research Topic	Supervisor	Institute
<i>Empathy, Sense of Coherence and Professional Quality of Life in Clinical psychologist”</i>	Ms. Hidna Iqbal	<i>Center for Clinical Psychology, University of Punjab, Lahore</i>
<i>“Sensation seeking, Emotion regulation and Smoking behavior in Young Adults”</i>	Dr. Rafia Rafique	<i>Institute of Applied Psychology, University of Punjab, Lahore.</i>
<i>Body image and Psychological distress in Physically Disabled Persons”.</i>	Dr. Irum Fatima	<i>Institute of Applied Psychology, University of Punjab, Lahore.</i>

Research Presentation

Topic	Date	Conference Name	Organized by
<i>“Empathy, Sense of Coherence, Burnout and Compassion fatigue”</i>	24-26 September, 2019	<i>Islamic Perspectives in Modern Psychology (IPMP 2019)</i>	Riphah Institute of Clinical and Professional Psychology, (Riphah International University, Lahore.)

Seminars

- **Mental State Examination** conducted by Dr. AltafQadirat
Center for Clinical Psychology university of the Punjab Lahore, Pakistan
- **Psycho-education** conducted by miss LubnaAzhar
Center for Clinical Psychology university of the Punjab Lahore, Pakistan

- **Social Skills Training** by Dr. Nelofar
Center for Clinical Psychology university of the Punjab Lahore, Pakistan
- **Headache Management**
Center for Clinical Psychology university of the Punjab Lahore, Pakistan
- **Trauma management** conducted by Dr. Nelofar Rehman
Center for Clinical Psychology university of the Punjab Lahore, Pakistan
- **Interviewing Skills and Case Formulation** conducted by Dr. Irum Bokhari

Workshops

- **ABA Based Intervention for Children with Autism**, by Mansur Choudry
- **The mind body movement technique to overcome trauma, pain and illness: A heart-breath energy practice**, by Dr. Chok Hiew

Skills

- MS word
- MS power point
- Statistical Package for Social Sciences (SPSS)
- AMOS
- PROCESS (Andrew. F. Hayes)

Reference

- Available on demand